St. Anne Line Catholic Junior School



Prayer Booklet



St. Anne Line Catholic Junior School MISSION STATEMENT

With Jesus, through the St Anne Line Way,

We Love,

We Learn,

We Share,

We Pray.

Together, we grow Our School each day.

<u>Sign of the Cross</u>

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

> In nomine Patris et Filii et Spiritus Sancti. Amen.

The Lord's Prayer

Our Father, who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
And lead us not into temptation
but deliver us from evil.
Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee:
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now, and at the hour of our death.
Amen.

Morning Offering

O Jesus,

through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.
Amen.

Morning Prayer

Father in heaven, you love me.
You're with me night and day.
I want to love you always in all I do and say.
I'll try to please you, Father.
Bless me through the day.
Amen.

<u>Night Prayer</u>

God our Father, I come to say, thank you for your love today.

Thank you for my family, and all the friends you give to me.

Guard me in the dark of night, and in the morning send your light.

Amen.

Grace before Meals

Bless us, O Lord, as we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us, O Lord. Amen.

Grace after Meals

We give you thanks, almighty God,
For all your benefits,
Who live and reign, world without end.
Amen.

Act of Sorrow

O my God, I thank you for loving me.

I am sorry for all my sins,
for not loving others and for not loving you.
Help me to live like Jesus and not sin again.
Amen.

An Act of Contrition

O my God
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.
Amen.

Glory be to the Father

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end.

Amen.

Eternal Rest

Eternal rest give unto them, O Lord.

And let perpetual light shine upon them.

May they rest in peace.

Amen.

Hail Holy Queen (Salve Regina)

Hail, Holy Queen, Mother of Mercy;
Hail our life, our sweetness, and our hope!
To thee do we cry, poor banished children of Eve;
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy towards us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O Clement, O Loving, O sweet Virgin Mary.

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

Angel of God

Angel of God, my guardian dear, to whom God's love commits me here, and ever this day be at my side, to light, to guard, to rule and guide.

Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known, that anyone, who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of Virgins, my Mother.

To thee do I come, before thee I stand, sinful and sorrowful.

O Mother of the Word Incarnate, despise not my

but in thy mercy, hear and answer me.

Amen.

petitions,

The Magnificat

My soul proclaims the greatness of the Lord, and my spirit rejoices in God my Saviour, for he has looked upon his handmaid in her lowliness; For behold, from this day forward,

all generations will call me blessed.

For the Almighty has done great things for me,

and holy is his name.

His mercy is from age to age, for those who fear him. He has made known the strength of his arm, and has scattered the proud in their conceit of heart.

He has cast down the mighty from their thrones and has exalted those who are lowly.

He has filled the hungry with good things, And has sent the rich away empty.

He has helped his servant Israel, mindful of his mercy, even as he promised to our fathers, to Abraham and his descendants for ever.

Amen.

The Angelus

- V. The angel of the Lord declared unto Mary.
 - R. And she conceived of the Holy Spirit Hail Mary...
 - V. Behold the handmaid of the Lord;
- R. Be it done unto me according to thy word.

 Hail Mary...
 - V. And the Word was made flesh;
 - R. And dwelt among us.

Hail Mary...

- V. Pray for us. O holy Mother of God:
- R. That we may be made worthy of the promises of Christ.

Let us pray;
Pour forth, we beseech thee, O Lord,
thy grace into our hearts;
that we, to whom the Incarnation of Christ, thy son,
was made known by the message of an angel,
may, by his Passion and Cross,
be brought to the glory of his Resurrection.
Through the same Christ, our Lord.
Amen.

Benedictus

Blessed be the Lord God of Israel: for he has visited his people and redeemed them; he has raised up for us a horn of salvation in the House of David his servant, as he spoke through the mouth of his holy ones, his prophets from ages past: To grant salvation from our foes, and from the hand of all who hate us, showing mercy to our fathers, remembering his holy covenant; the oath he swore to Abraham our father, To grant that freed from the hand of our foes, we may serve him without fear in holiness and righteousness all the days of our life. And you, little child, will be called the Prophet of the Most High, for you will go before the Lord to make ready his ways: to grant knowledge of salvation to his people by the forgiveness of their sins; Through the tender mercy of our God, the Dawn from on high will visit us, to shine on those who sit in darkness, and those in the shadow of death; to guide our feet into the way of peace. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

Amen.

Prayer of St. Richard of Chichester

Thanks be to you, my Lord Jesus Christ, for all the benefits which you have given me, for all the pains and insults which you have borne for me.

O most merciful Redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day.

Amen.

Come, Holy Spirit

- V. come, Holy Spirit, fill the hearts of your faithful,
 - R. and kindle in them the fire of your love.
- V. Send forth your Spirit and they shall be created.
 - R. And you will renew the face of the earth.

Let us pray,

O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful, grant that by that same Holy Spirit, we may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord.
Amen.

Act of Faith

My God, I believe in you and all that your Church teaches, because you have said it, and your word is true.

Act of Hope

My God, I hope in you, for grace and for glory, Because of your promises, your mercy and your power.

Act of Love

My God, because you are so good, I love you with all my heart, and for your sake, I love your neighbour as myself.

The Apostles' Creed

I believe in God the Father Almighty,
Creator of Heaven and earth,
and in Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended into Hell;
the third day He rose again from the dead;
He ascended into Heaven, and is seated at the right
hand of God the Father Almighty;
from there He will come to judge the living and the
dead.

I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting.

Amen.